

How can you get involved?

There are as many ways to work towards sustainable living as there are people. That's because there is no one right way. Everyone can look at their own buying patterns, resource use, work situation, transportation, and lifestyle and try to find manageable, positive steps towards sustainable change that work for them. Just a few examples, to give you the idea:

- organize ride-sharing pools
- buy more locally grown food
- change to more efficient lights and appliances
- remodel your home for energy efficiency
- let local government know what they can do

Your changes might range from simple changes in your own habits to changing resource use in your home and family, to being a part of community-wide projects. One way to start is to come to our meetings and share ideas and efforts with others.

1. In the sustainable society, nature is not subject to systematically increasing concentrations of substances extracted from the Earth's crust.

(While there are arguments about what constitutes toxic levels of heavy metals, minerals and carbon dioxide, no one argues that natural systems, including humankind, can withstand continually increasing these concentrations.)

2. In the sustainable society, nature is not subject to systematically increasing concentrations of substances produced by society.

(Human society has been manufacturing synthetic substances-chemicals and other compounds that do not occur in nature faster than these materials can be broken down; and these synthetic chemicals are accumulating in our own bodies.)

3. In the sustainable society, nature is not subject to systematically increasing degradation by physical means.

(Human activity is breaking down natural systems-land, water, forests, soil, ecosystems-by depletion and destruction faster than these natural systems can renew themselves; these natural systems are our life support system.)

4. And, in the sustainable society, people are not subject to conditions that systematically undermine their capacity to meet their needs.

(If people around the world cannot meet their basic human needs, the first three system conditions will not be met. Within our communities, our needs include a means of livelihood, mobility, equal access, safety, participation in decisions that affect our lives, the right to peaceful enjoyment of life, and a connection with nature.)



Sustainable Rusk is a local grassroots organization supporting sustainable change in our community. Everyone is welcome to join in. We work with local government and other local organizations but are independent and not affiliated with any political party.

Feel free to come to our meetings every **1st** and **3rd** Wednesday at **5PM** at the Community Center in Ladysmith across from the Post Office.

For more information, call
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